



SIX
CAN'T MISS TRIPS



UNWIND
WITH THE CLUB



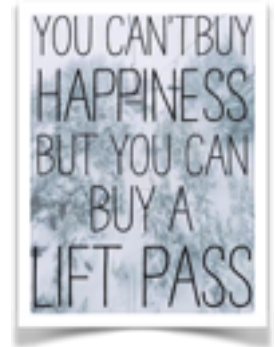
OFF
SEASON
EVENTS

WEST JERSEY SKI CLUB

President's Message

Hi everyone! By this time, you have received the word that we are changing meeting nights and locations; if you missed it, please check for the meeting info on the website. As you read through this newsletter you will see that we have again increased the number of trip offerings. We should have a trip that will hopefully interest everyone. If none of them fit into your schedule, check into other club offerings on the Eastern Pennsylvania Ski Council website; your WJSC membership includes membership in the EPSC and is accepted by most of the other clubs.

We have three remaining off-season activities this year. The annual **afternoon cookout at Smith Woods Park in Smithville Park will be Sunday August 13**, and another **WJSC Golf Outing scheduled for Tuesday, September 19 (rain date 9/26)**.



As you continue through this Newsletter, you will see a reduction in the amount of descriptive information. Trips are listed with quick reference details. The website and Facebook page will include conventional write-ups on each trip - we encourage you to visit those often to see all of the things we are doing and you might just find another trip that interests you.

As stated last year, many of you have expressed an interest and appreciation for the things the Board is doing to advance the club. Club membership grew again this past year and we expect that to continue. Your support and continued help will be the key to our success as we move forward.

Best wishes to everyone for a great season!
Rick Guenther, President

WEST JERSEY SKI CLUB 2017-2018 TRIP SCHEDULE

Location	Date	Deposit	Cost	Leader	Phone	Email
Mount Snow, VT	Su - Th 1/7 - 1/11	\$355 due in full		Gayle Butler	856.783.8181	skiinggran@aol.com
Mount Snow, VT	Fri - Su 1/26 - 1/28	\$100	\$465	Kristin Bozarth	609.313.5354	kristin.bozarth@hotmail.com
Blue Mountain, PA	Tues 2/6	Drive Up		Marvel Carrol	609.726.0282	omcarrol@comcast.net
Elk Mountain, PA	Sun 2/11	\$50	\$133	Patsy Towhey	609.518.1269	pmtowhey@verizon.net
Steamboat, CO	Sa - Sa 2/24 - 3/3	\$500	\$1816	Edith McFalls	856.235.8466	love2ski_us@yahoo.com
Jay Peak VT	Su - Th 3/25 - 3/29	\$114	\$560	Nancy Guenther	609.261.1434	ngpeteach@netscape.net



From the Trip Chairperson

Hello Fellow Skiers!

It's that time again to start thinking about our winter adventures for 2017-2018! The WJSC trip committee has been hard at work planning another great ski season with some new ideas we think you will really enjoy!

For the first time ever, we have a midweek trip to Mt. Snow - staying in condos! The weekend trip to Mt. Snow is back after a successful run last year. We have 2 day trips on the calendar - a drive yourself to Blue Mt and an "old favorite" for some - Elk Mountain, perfect for new and experienced skiers alike. Our weeklong trip will be to one of my all-time favorites - Steamboat, CO. Last but not least, another new adventure to Jay Peak, VT complete with an exciting train ride on the Vermonter! Our excellent trip leaders are ready to answer any questions you may have and ensure that you have an incredible and stress free trip!

A lot of thought has been put into planning this year and priced to be affordable for all skiers and snowboarders.

See you in September! Happy Skiing!

Margo

Midweek to Mount Snow

SUNDAY, JAN. 7 - THURSDAY, JAN.11, 2018

GAYLE BUTLER

Cost - \$355 per person (LIMIT 12 SPOTS!!)

Includes - Four nights lodging, breakfast and dinner, Après Ski

Lifts - 20

Trails - 85

Difficulty - ● 15% ■ 70% ◆ 15%

Terrain Parks - Over 100 acres plus Super Pipe

Ski School and Rentals - YES

Skiable Acres - 589

Vertical Drop - 1700'

Elevation - 3600'



mount snow.
VERMONT

Weekend to Mount Snow

FRIDAY, JAN 26 - SUNDAY, JAN. 28, 2018

KRISTIN BOZARTH

Cost - \$465 (based on double adult occupancy)

Prices lower for ages 0 - 5, 6 - 11, 12 - 18, and 65+

Includes - Transportation, Hotel, 2 Day Lift Ticket, Bagged Dinners on Bus, Snacks/Treats/Drinks on Bus, 2 Full Breakfasts, Après Ski Party, Dinner at Lodge

Lifts - 20

Trails - 85

Difficulty - ● 15% ■ 70% ◆ 15%

Terrain Parks - Over 100 acres plus Super Pipe

Ski School and Rentals - YES

Skiable Acres - 589

Vertical Drop - 1700'

Elevation - 3600'





Drive Up Day Trip to Blue

THURSDAY, FEB. 6, 2018 - MARVEL CARROL

Cost - \$60 for adults, \$50 for ages 6 - 12

Includes - Lift Ticket

Lifts - 16

Trails - 39

Difficulty - ● 36% ■ 26% ◆ 38%

Terrain Parks - 6

Ski School and Rentals - YES

Skiable Acres - 589

Vertical Drop - 1087' (Biggest in PA!!)

Elevation - 1407'



Bus Day Trip to Elk

SUNDAY, FEB. 11, 2018 - PATSY TOWHEY

Cost - \$133

Includes - Bus Transportation, Snacks and Drinks, Lift Ticket

Lifts - 7

Trails - 27 (including 7 lighted trails)

Difficulty - ● 22% ■ 37% ◆ 41%

Terrain Parks - 6

Ski School and Rentals - YES

Skiable Acres - 180

Vertical Drop - 1000'

Elevation - 2667'

*Get your body ready
for a great season!!*

YOGA FOR skiers



More yoga sequences like this are available in OM Magazine!

www.ommagazine.com



These poses build muscle strength, utilize aerobic capacity (deep breathing under stress, you know) and improve balance and stability.

braveskimom.com/yoga-for-skiers



Week in Steamboat

SATURDAY, FEB. 24 - SATURDAY, MAR. 3, 2018
EDITH MCFALLS

Cost - \$1,816

Includes -

Lifts - 20

Trails - 165

Difficulty - ● 14% ■ 42% ◆ 44%

Terrain Parks - 4 including Mavericks Super Pipe

Ski School and Rentals - YES

Skiable Acres - 2965

Vertical Drop - 3668'

Elevation - 10,568'

Midweek to Jay Peak

SUNDAY, JAN. 7 - THURSDAY, JAN. 11, 2018
NANCY GUENTHER

Cost - \$560 + Amtrak self pay

Includes - Ski in/out lodging, 4-day lift tickets, breakfast at hotel. Complementary shuttle with access to restaurants, watering holes, and other facilities.

Lifts - 9 including 60 passenger Gondola

Trails - 78

Difficulty - ● 20% ■ 40% ◆ 40%

Terrain Parks - Over 100 acres plus Super Pipe

Ski School and Rentals - YES

Skiable Acres - 385

Vertical Drop - 2153' (8th largest in New England)

Elevation - 3858'

Transportation - Amtrak Vermonter between Philadelphia 30th St. Station to St. Albans, VT.

THE FINE PRINT

Due to contracts at the ski resorts and the bus company, it is important that members sign up as soon as possible for all trips, so that the club can avoid the loss of deposits. Visit our website for further information. Prices are based upon group rates (double occupancy, if applicable). If the trip does not have the minimum number of participants, the group rate may not be available.

PRICES ARE APPROXIMATE AND SUBJECT TO CHANGE. **Subject to fuel & baggage surcharges. Club membership is required for all trips.

TRAVEL INFORMATION

Information about travel insurance and links to providers are available at westjerseyskiclub.org.

BUS INFORMATION: All bus trips depart from the Walmart Plaza on Route 541 and Sunset Road, Burlington Township, NJ. WJSC proudly uses STARR TOURS for all our trips.

DISCOUNT @ EXTREME SKI!

683 Stokes Road, Medford, NJ

North Face and Helly Hansen outerwear, equipment tune ups and rentals, skis, boots, and accessories!

25% discount for club members on most purchases!!

WJSC Code of Conduct

To assure a pleasant trip for all participants and to uphold the Club's good reputation, the Club has established the following rules and regulations:

ON THE BUS:

- The member will select a seat on the bus at the time of final payment for the trip. The seat you select is yours for the duration of the trip.
- **SMOKING IS PROHIBITED ON THE BUS.** On trips of long duration, at least one rest stop will be provided during which individuals may leave the bus to smoke
- No personal coolers will be permitted on the bus. The club will provide snacks and drinks for consumption during the trip.
- No glass containers will be permitted on the bus.
- The playing of musical instruments, radios and the like should be done with consideration of one's neighbors. Use of earphones is requested.
- Ski boots may not be worn on the bus or carried on to the bus after skiing.

IN GENERAL:

- Obnoxious and/or abusive behavior is unacceptable.
- Anyone damaging equipment or facilities (meeting halls, buses, hotels, ski areas, etc.) will be held personally liable for all damages.
- All personal bills will be paid or resolved before boarding the bus for the return trip.
- Anyone caught stealing will be turned over to the local security force or police.
- Bad checks will not be tolerated. Any check that "bounces" must be replaced by cash immediately. Failure to comply will result in immediate loss of reservation. Deposits and/or payments for subsequent trips will only be accepted in cash.
- Alcoholic beverages will not be served to or consumed by individuals under 21 years of age.
- Public use, disbursement, or sale of illegal substances, i.e. drugs, including "pot" at any club function or trip is strictly prohibited. Individuals found in possession, use, disbursement, or sale of illegal substances will be promptly removed from the club function or trip at the individual's expense.

These rules and regulations apply to ALL members. The club, through its officers, reserves the right to revoke the membership of any individual and the right to participate in subsequent club activities should such individual fail to comply with the rules and regulations as printed.

WJSC BOARD

- President: Rick Guenther.....609.261.1434
- Vice President: Sabra Jernigan.....609.519.0616
- Secretary: Sandy Verner.....609.894.2976
- Treasurer: Oren Carrol.....609.726.0282
- EPSC Representative:Rick Guenther.....609.261.1434
- Trip Chairperson: Margo Mattis.....609.499.0181
- Membership: Nancy Guenther.....609.261.1434
- Social Media/Web: Kristin Bozarth.....609.313.5354
- Newsletter: Kate Brown.....856.303.0555
- Historian/Awards: Linda Dickerson.....609.747.9547
- Nominations:Marvel Carrol.....609.726.0282
- Club Ambassador: Gail Lingo.....856.273.6594
- Club Ambassador: Pat Horan.....609.268.9726

CONTACT US

- Mailing Address: PO Box 512, Mt. Laurel, NJ 08054
- Online: www.westjerseyskiclub.org
- Email: info@westjerseyskiclub.org
- Facebook: [facebook.com/groups/WestJerseySkiClub/](https://www.facebook.com/groups/WestJerseySkiClub/)



NEW MEETING LOCATION!!

DOONEY'S IRISH PUB

HARTFORD COMMONS PLAZA
1361 FAIRVIEW BLVD. DELRAN, NJ 08075

Meetings held **2nd Tuesday** of every month - open to **EVERYONE!** Bring a friend along to join in the fun!



Calling all golfers!!!

Join us for our annual Golf outing on
TUESDAY, SEPTEMBER 19 (rain date 9/26).

Indian Springs Golf Course

Marlton, NJ

Registration - 12:30pm

Tee off for the first group - 1:00pm.

Cost - \$39 (greens fee and cart) - paid at Golf Course

Dinner at Gayle Butler's house

\$15 per person - includes appetizers, lasagna, bread, salad, dessert, and beverage (tea, coffee, soda). BYOB for alcoholic beverages. Each golfer may invite one guest who is a non golfer.

Checks for dinner payable to West Jersey Ski Club. Mail to:

**Gayle Butler
752 Cotswold Road,
Somerdale, NJ 08083**

Deadline - Thursday, September 14, 2017



First Annual Family Picnic

SUNDAY, AUGUST 13

1:00 - 7:00pm

Smith Woods Picnic Area

(Historic Smithville Park, Eastampton, NJ.)

\$5.00 per person

(includes hamburgers, hot dogs, soda and water)
Please bring side dish or desert to share.

Alcoholic beverages are NOT permitted.

Open to 40 people.

Optional Activities: kayaking / canoeing, butterfly garden, biking, fishing (with NJ license)

**Contact - Sabra Jernigan
sabraruje73@gmail.com
609.519.0616**

Reservations must be made and paid by AUGUST 6.

